

HEPATITIS C

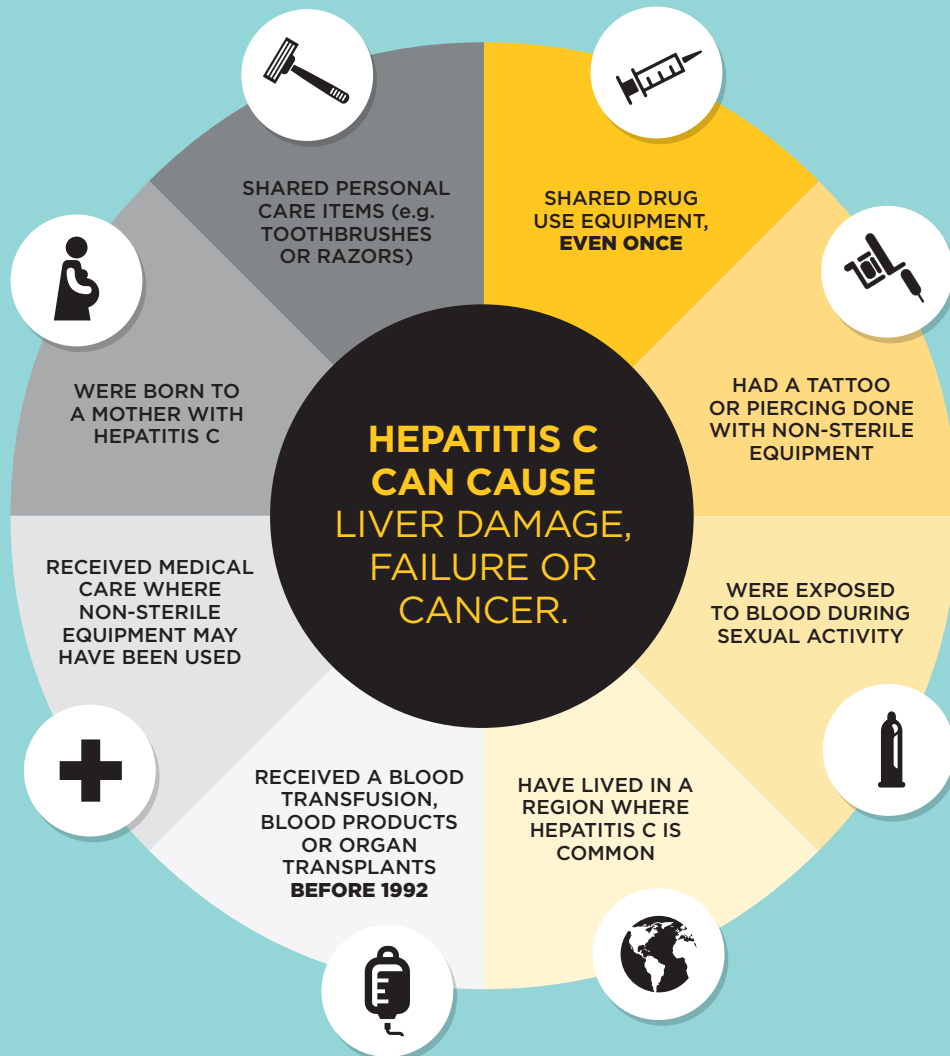
ARE YOU AT RISK?

Hepatitis C is a liver disease caused by the hepatitis C virus. It is spread through contact with infected blood.

In 2011,

about **220,000** individuals in Canada were living with chronic hepatitis C. **Nearly half** the people living with chronic hepatitis C in Canada may not know they are infected.

YOU MAY BE AT RISK IF YOU:



Many people can live with hepatitis C for years *without* symptoms. A blood test *is the only way* to know if you have been exposed to hepatitis C.



PROTECT YOURSELF AND OTHERS



DON'T SHARE DRUG USE EQUIPMENT



PRACTICE SAFER SEX



ENSURE STERILE EQUIPMENT FOR TATTOOS & PIERCINGS



DON'T SHARE PERSONAL CARE ITEMS (e.g. TOOTHBRUSHES OR RAZORS)



IF YOU HAVE HEPATITIS C NEVER DONATE BLOOD, ORGANS, SEMEN OR TISSUES

TALK TO YOUR DOCTOR OR NURSE ABOUT PREVENTION, TESTING AND TREATMENT



Public Health
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