

# ADULTS AGED 65+ ARE OFTEN PRESCRIBED ANTIBIOTICS FOR INFECTIONS.

You may be at *increased risk* of infections if you:

1

Are frequently exposed to healthcare settings where infections can easily spread.

2

Live in a care facility or residence in close contact with others.

3

Have a weakened immune system.

Here are *some tips* to prevent infections:



Make sure your *vaccinations* are up to date.



Clean common surfaces with *soap and water*.



Keep *hands clean*, and cough and sneeze into your *sleeve or tissue*.



*Store, handle and prepare* food safely.

## *If you are diagnosed with an infection:*

Talk to your healthcare provider to see if antibiotics are the best treatment option. You may not need antibiotics, but if you do, *take them as prescribed*.



TO LEARN MORE, PLEASE VISIT

[CANADA.CA/ANTIBIOTICS](https://canada.ca/antibiotics)



Public Health  
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